

HEART and LUNG PHYSICAL – REQUIREMENTS (updated 10/4/2016)

The Heart and Lung Physical Bill now covers certain types of cancers and contagious diseases. The Heart Lung tests must be given every 5 years while the infectious disease requires an annual physical and blood work. In order for the physical to be considered complete the Heart and Lung Physical and Annual Physical should include the following exams/tests:

HEART AND LUNG PHYSICAL EXAMINATION – every 5 years

- CHEST X –RAY REPORT WITH DIAGNOSIS FROM RADIOLOGIST
- EKG RESULTS AND COPY OF TRACING
- BLOOD STUDY: CHEMISTRY, CBC, CMP, SMA 24, PSA (over age 50)
- URINALYSIS WITH MICROSCOPIC SCAN
- BLOOD PRESSURE AT TIME OF PHYSICAL
- BASIC PULMONARY FUNCTION STUDY (with bronchodilator, if necessary)
- D.L.C.O. (if patient has any abnormalities)

ANNUAL PHYSICAL/INCLUDING BLOOD WORK – every year (to fulfill infectious disease presumption)

- GENERAL PHYSICAL EXAM-with blood pressure – complete report on encounter/visit
- 100 PERCENT SKIN EXAM
- BREAST EXAM OR MAMMOGRAM (if applicable)
- OCCULT BLOOD SCREEN (3 Samples)
- PELVIC EXAM WITH PAP (if applicable)
- HIV TEST (Reflex to Western Blot, if necessary)
- HEPATITIS A ANTIBODY, IgG, TEST
- HEPATITIS B SURFACE ANTIBODY TEST
- HEPATITIS C ANTIBODY TEST
- TB SKIN TEST OR TB BLOOD TEST (Optional if firefighter obtains annual Chest X-Ray)

Please see that all of the above tests are done by your examining physician to comply with the Heart and Lung bill, including the complete encounter report. You have not met the requirements of the Heart and Lung bill unless all of the above tests are completed.

Since all disability applications are now processed entirely through the Firefighters' Retirement Plan (FRP)
COPIES OF ALL OF THE ABOVE MUST BE SENT TO THE FRP OFFICE.

QUESTIONS CALL: Janice -314-622-3216 or Tim-314-622-3227
FAX RESULTS TO: 314-622-3228
MAIL RESULTS TO: FRP OFFICE 1114 Market Street Room 740, 63101