



Neighborhood in Focus:
Jeff- Vander-Lou



Hello Jeff Vander Lou Neighborhood Resident:

As part of PIER (Prevention, Intervention, Enforcement, and Re-Entry), the City's Comprehensive Crime Plan, we are focusing efforts on 15 neighborhoods – Jeff Vander Lou (JVL) Neighborhood– is one of them. The following pages contain graphics focusing on health data to help move conversations away from emotion and ground them in facts. This “Neighborhood In Focus” also highlights health needs identified in the Jeff Vander Lou Neighborhood and available resources to help meet those needs.

Crime is influenced by many factors in the community. The Center for Disease Control has identified some aspects of crime -- such as violence -- as a public health concern. This calls for a public health response.

Jeff Vander Lou Neighborhood has a lot of positive attributes that have formed its history and will help us to provide the basis for an even better future. The City of St. Louis Department of Health (DOH) hopes will be able to use this “Neighborhood In Focus” guide for your neighborhood improvement discussions.

Let us know what you think.

Sincerely,



Melba R. Moore, MS, CPHA

Acting Director / Commissioner of Health

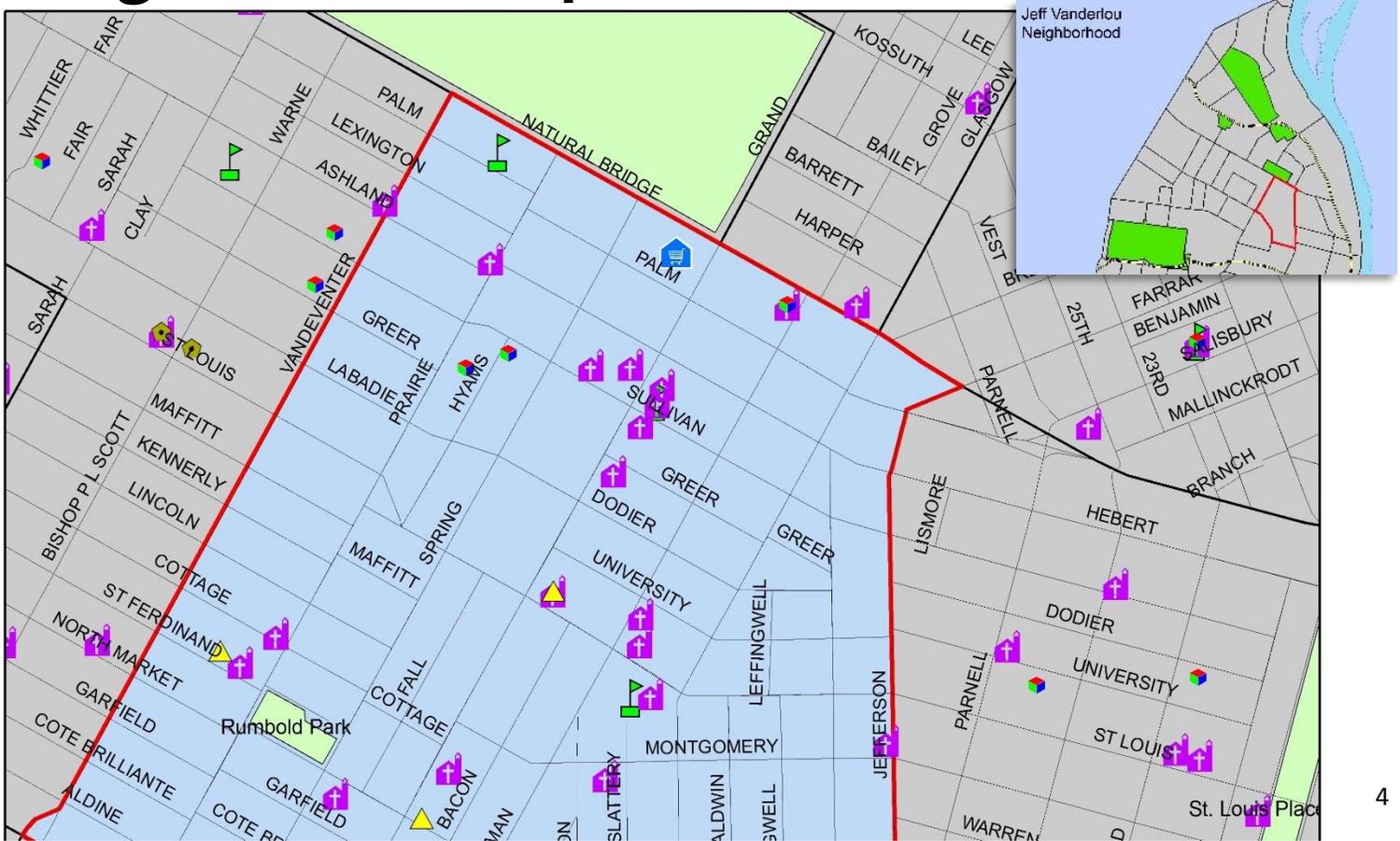


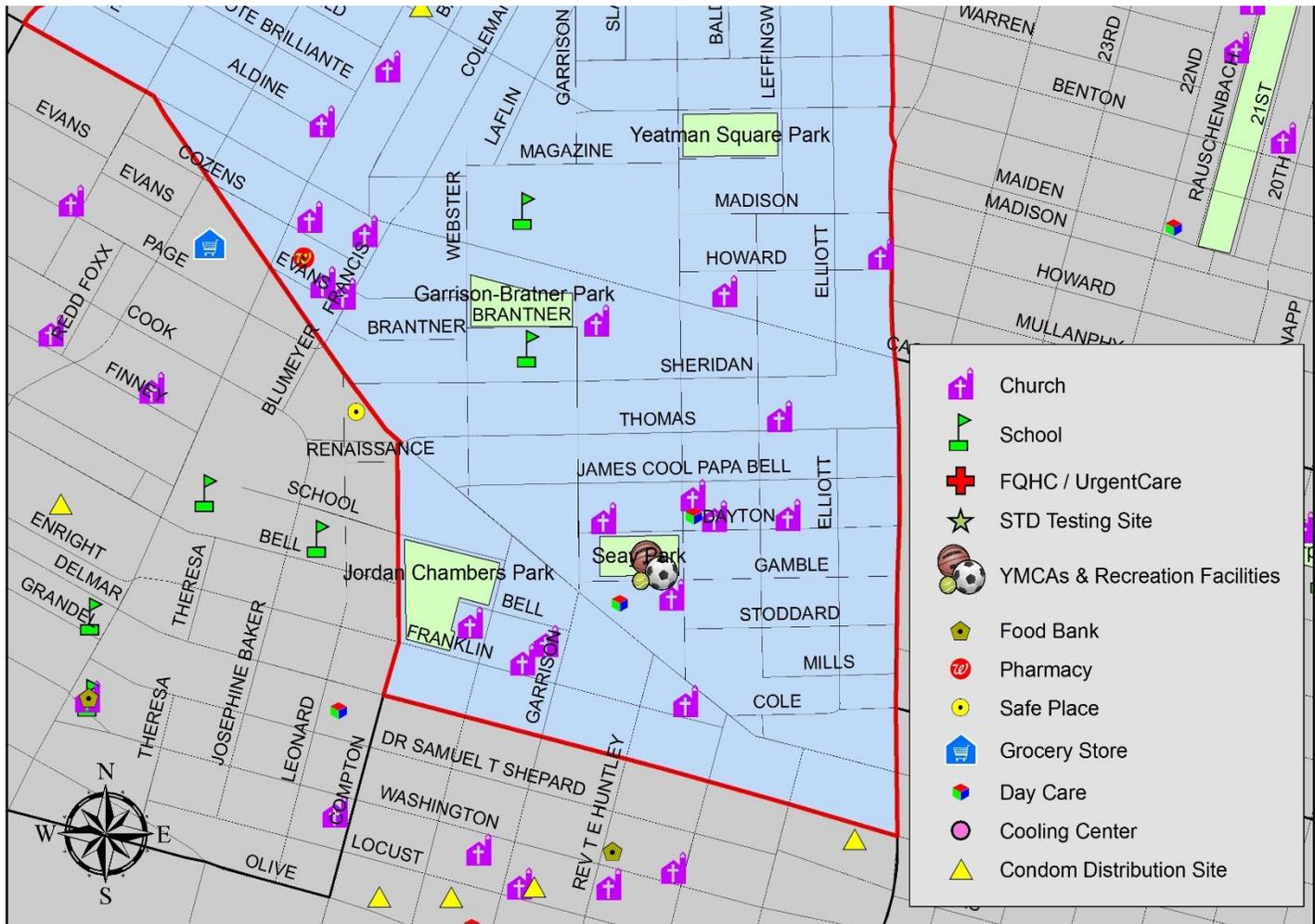
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Disclaimer: Information in this guide is meant to inform the public about health indicators in the community. Selection of data is limited to indicators available for abstraction by neighborhood level or zip code level. Neighborhood rankings are based on rates of respective indicator. Data sources include Centers for Disease Control (CDC), Census (2010), Missouri Department of Health and Senior Services (MDHSS), Behavioral Risk Factor Surveillance System (BRFSS), Missouri Department of Motor Vehicles (DMV), CityWorks, and Understanding Our Needs (UON) 2016.

Neighborhood Map: Jeff Vander Lou (JVL)





A PUBLIC HEALTH PROBLEM

Access to nutritious food is a challenge: 55% of the City of St. Louis is considered a food desert.

About 1 in 5 Americans meet national physical activity guidelines.

Adult Americans spend a significant amount of their day at work, and many struggle to be physically active.

YOUR NEIGHBORHOOD

Overweight & Obesity Prevalence



Overweight & Obesity

IN THE CITY OF ST. LOUIS

71% of Jeff Vander Lou residents are overweight or obese

A PUBLIC HEALTH SOLUTION

Public health improves food safety and food choices. For tips on making better choices: check out Choose MyPlate.



Public health creates opportunities to be physically active. Check out Let's Move!



Create or enhance physical activity environments to be safe and pedestrian friendly. Check out the Sustainable Neighborhood toolkit.



Compared with 79 City of St. Louis neighborhoods, Jeff Vander Lou ranked 26th highest for overweight & obesity rates.

What the City of St. Louis Department of Health Can Do

Let's Move! is a comprehensive initiative, launched by the First Lady, dedicated to solving the problem of obesity within a generation, so that children born today will grow up healthier and able to pursue their dreams.

Jump N2 Shape is a regional health movement led by the DOH to promote weight loss and increase fitness among area residents.

Nutrition Services is a group of dietitians that provide current and reliable nutrition information.

What You Can Do



**DRINK LESS
SODA, MORE
WATER**



**CHOOSE
HEALTHY
CHOICES**



**INCREASE
ACTIVE
PLAY**

List of Resources

City of Saint Louis, Department of Health, Health Promotion Education & Marketing Division: Health Institute STL

1520 Market Street, Room 4045
St. Louis, MO 63103
Phone: (314) 657-1480

Jump N2 Shape: 314-657-1480

Email: info@jumpn2shape.com
www.facebook.com/JUMPN2Shape

Let's Move!

<http://www.letsmove.gov>

Choose MyPlate:

<http://www.choosemyplate.gov/>

Sustainable Neighborhood Toolkit:
<http://sustainableneighborhood.net>

More information on other great programs can be found online:

<https://www.stlouis-mo.gov/government/departments/health/health-promotions/index.cfm>

THE IMPACT OF

Asthma

IN THE CITY OF ST. LOUIS

Asthma is a disease that affects your lungs. It is one of the most common long-term diseases for people of all ages. Asthma causes wheezing, breathlessness, chest tightness, and coughing at night or early in the morning.

Asthma Triggers



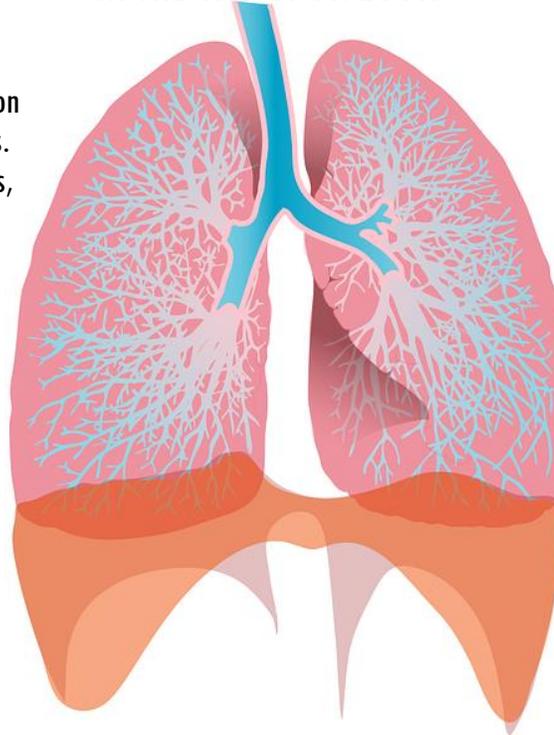
Environmental
Smoking
Animal dander
Dust & mold
Chemicals
Smoke
Pests and insects



Seasonal
Temperature changes
Pollen
Allergens



Physical stress
Strenuous activity
Illness



Who visited the ER for asthma in 2013?

For zip code 63106:

- 2.0% of adults
- 4.5% of children
- 2.9% of residents

For zip code 63107:

- 1.5% of adults
- 4.3% of children
- 2.3% of residents

For zip code 63113:

- 1.5% of adults
- 3.8% of children
- 2.0% of residents

In 2013, these zip codes were ranked for asthma rates among 18 St. Louis City zip codes:

- 63106 was 1st highest
- 63107 was 2nd highest
- 63113 was 7th highest



Did you know? 1 in 15 Americans suffers from asthma. Know your triggers!

What the City of St. Louis Department of Health Can Do

Asthma Friendly St. Louis helps kids manage their asthma.

Free services provided:

- Asthma education
- Resource Guide
- Home Assessment Workbook
- Home asthma trigger reduction assistance
- Bedding encasements
- Cleaning kits
- HEPA vacuum loan referrals
- Air filters
- Referral for asthma equipment

What You Can Do

Get an Asthma Home Assessment to identify triggers.

Visit a doctor regularly and frequently to discuss asthma symptoms and treatment.

Have a plan in place to monitor asthma triggers.

List of Resources

City of St. Louis
Department of Health
Asthma Friendly St. Louis
1520 Market St.
Room 4051
St. Louis, MO 63103
Phone: 314-657-1423
Fax: 314-612-5005

Visit us online:

asthmafriendlystlouis.org

THE PROBLEM



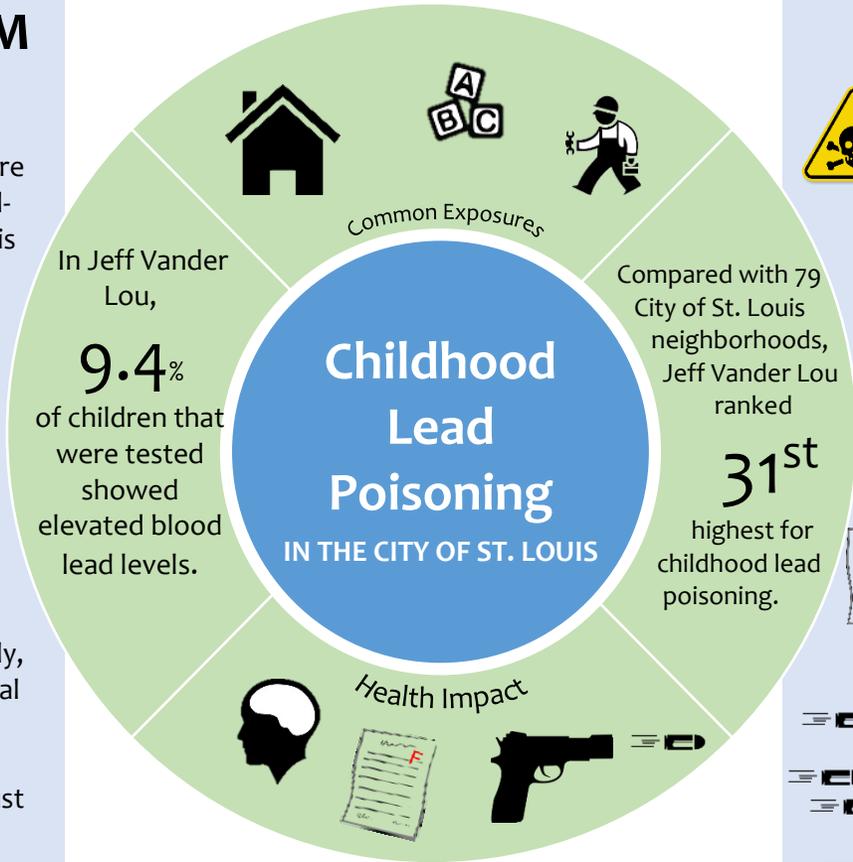
Many St. Louis homes built before 1978 contain lead-based paint that is deteriorating.



Small amounts of lead dust or chipped paint can be enough to cause lead poisoning.



If done incorrectly, lead paint removal can expose the lead and cause contaminated dust to be airborne.



THE IMPACT



Lead can be ingested, inhaled, or absorbed through the skin, causing lead poisoning.



Lead poisoning causes damage to the brain, causing learning disorders, and hearing problems.



Lead-exposed children may perform poorly in schools and tend to drop out.



A growing body of evidence in the social and medical sciences traces high crime rates to high rates of lead exposure.

What the City of St. Louis Department of Health Can Do

We offer free blood lead level testing for your child.

We provide education on nutrition and cleaning techniques that can reduce lead exposure.

We offer free water testing for your home's plumbing.

What You Can Do

- ✓ **Get tested.**
Talk with your child's doctor about a simple blood lead test.
- ✓ **Check your home.**
Talk with us about testing paint and dust in your home for lead.
- ✓ **Remove the threat.**
Discard any items in the house that may contain lead.
- ✓ **Renovate safely.**
Use contractors certified by the EPA to prevent hazardous lead dust.

List of Resources

Request a home inspection or water test by calling CSB: 314-622-4800

City of St. Louis
Department of Health
Maternal Child and Adolescent Health

1520 Market St.
Room 4051
St. Louis, MO 63103
Phone: 314-657-1456
Hours: 8:00 AM – 5:00 PM

Check out the website:
www.leadstestlouis.com



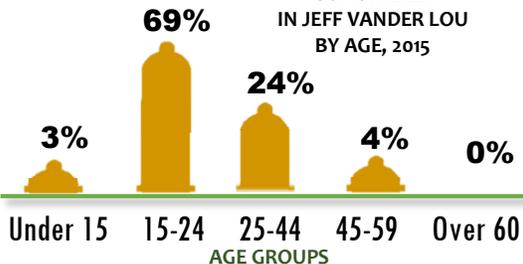
PUBLIC HEALTH IMPACT

Chlamydia and Gonorrhea are the most commonly reported sexually transmitted Infections in the United States, Missouri and City of St. Louis.

Most people with STIs don't have symptoms.

**Know your STATUS.
Get checked!**

WHO IS AT RISK?



CHLAMYDIA & GONORRHEA

STIs

IN THE CITY OF ST. LOUIS

YOUR NEIGHBORHOOD

Compared with other 79 City of St. Louis neighborhoods, Jeff Vander Lou ranked:

- 30th highest for chlamydia rates
- 18th highest for gonorrhea rates

Did you **KNOW**?



In Jeff Vander Lou, 76% of residents testing positive for chlamydia were women.



91%

91% of residents in Jeff Vander Lou who tested positive for STIs were African American.



Young adults are at higher risk for STIs

Need a condom?

Need it NOW?

Find FREE condoms here!

www.stlcondoms.com

What the City of St. Louis Department of Health Communicable Disease Bureau Can Do For You

We provide testing and referral services.

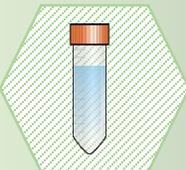
We do outreach using mobile testing methods.

We come to your area schools and youth programs and educate the community.

We use data to target our interventions.

We have on-going partnerships working to implement a comprehensive prevention plan.

What You Can Do



Get tested!



Use condoms properly and consistently.



Limit or eliminate drug and alcohol use before and during sex.



Reduce the number of sexual partners.

List of Resources

City of St. Louis Department of Health
Communicable Disease
1520 Market St.
Room 4027
St. Louis, MO 63103
Phone: 1-888-291-2437

Disease Intervention
Services: 314-612-5188

For HIV linkage to care:
1-844-546-5785

Education & Community
Planning: 314-612-5188

Medical Records:
314-657-1447

For TB info: 314-612-1400

HIV & Hepatitis Surveillance:
314-657-1501

St. Louis Regional HIV Health
Services Planning Council
<http://stlplanningcouncil.com>



ENVIRONMENTAL PUBLIC HEALTH COMPLAINTS IN YOUR NEIGHBORHOOD

20.8% of complaints in Jeff Vander Lou were for trash, tires, and sanitation concerns.



38.4% of complaints in Jeff Vander Lou were animal related.



37.7% of complaints in Jeff Vander Lou were about mosquitoes and rats control.



3.1% of complaints in Jeff Vander Lou were for restaurant and food-related issues.



ELEMENTS THAT AFFECT OUR HEALTH



sanitation of our surroundings



welfare of our animal companions



food that we eat



air that we breathe



presence of disease-carrying vectors

Compared with 79 City of St. Louis neighborhoods, Jeff Vander Lou ranked 23th highest for environmental health



What the City of St. Louis Department of Health Bureau of Environmental Health Services Does for You



Community Sanitation strives to ensure a safe and sanitary environment



Animal Care & Control promotes the health and safety of residents and companion animals



Food & Beverage Control works to ensure a safe food supply



Air Pollution Control reviews asbestos abatement and demolition permits



Vector Control helps to decrease the number of mosquitoes and rats

■ What You Can Do

Call us about your concerns



Send complaints to CSB



Be involved in your neighborhood

We Care!

List of Resources

Citizens' Service Bureau (CSB)

Phone: 314-622-4800

Submit complaints online:

<https://www.stlouis-mo.gov/government/departments/public-safety/neighborhood-stabilization-office/citizens-service-bureau/csb-request-submit.cfm>

Tweet your complaint [@stlcsb](#)

City of St. Louis Dept. of Health Bureau of Environmental Health Services

520 Market St, Room 4051

St. Louis, MO 63103

Phone: 314-657-1539

Fax: 314-612-5367

THE PROBLEM

The St. Louis metropolitan area consistently has rates of violence far higher than most other places in the United States – ranking 9th in the nation for number of youth murdered with guns in 2012.

JEFF VANDER LOU



69 in 1000 residents experienced burglary, larceny, or vehicle theft.



37 in 1000 residents were victims of a violent crime.



17 in 1000 crimes reported involved drugs.

The health impact of CRIME IN THE CITY OF ST. LOUIS

Compared with 79 City of St. Louis neighborhoods, Jeff Vander Lou ranked:

- 29th highest for property crime rates
- 9th highest for violent crime rates
- 6th highest for drug-related crime rates



HEALTH IMPACT

Violence is a serious public health problem. It affects people in all stages of life. Those who survive violence suffer physical, mental, and or emotional health problems throughout the rest of their lives.

VIOLENCE

- Violence is the leading cause of injury, disability, and premature death.
- Youth violence is the 3rd leading cause of death for young people (15-24 years).
- It also affects the health of communities.



Decreases property values



Disrupts social services



Increases healthcare costs

What the City of St. Louis Can Do For You

The St. Louis Metropolitan Police Department provides:

- Free home security surveys
- Classes for businesses to teach employees how to prevent robbery and how to respond should a break-in occur
- Free Fraud Prevention seminars

Citizen Service Bureau handles many nuisance issues:

- accumulation of trash, weeds
- street maintenance
- traffic control signals and signs
- street lights
- requests for building and health inspections
- stray or vicious dogs

We can provide you and your neighborhood with tools to create a Neighborhood Ownership Plan.

What You Can Do

- ✓ Check the security of your home and vehicle regularly.
- ✓ **TRUST YOUR INTUITION.** Be aware of your personal surroundings.
- ✓ Join a Neighborhood Watch Program in your area.
- ✓ Create or join a Neighborhood Ownership Plan to reduce crime (more info at 314-622-4941)
- ✓ Check out http://www.slmpd.org/crime_prevention.shtml for more tips.

List of Resources

Emergency: 9-1-1

Non-Emergency
314-231-1212

Central Patrol Division
919 N. Jefferson Ave.
St. Louis, MO 63106
314-444-2500

Crime Stoppers
1-866-371-TIPS

Citizen Service Bureau
314-622-4800

For Home Security Surveys
or Robbery Prevention
Training Contact:
CrimePrevention@slmpd.org

Aldersperson

Samuel L. Moore
Ward 4 Alderman
Phone: 314-622-3287
Fax: 314-622-4273

Terry Kennedy
Ward 18 Alderman
Phone: 314-622-3287
Fax: 314-622-4273

Tammika Hubbard
Ward 5 Alderwoman
Phone: 314-622-3287
Fax: 314-622-4273

Marlene E. Davis
Ward 19 Alderwoman
Phone: 314-622-3287
Fax: 314-622-4273

Freeman M. Bosley, Sr.
Ward 3 Alderman
Phone: 314-622-3287
Fax: 314-622-4273

Neighborhood Improvement Specialist (NIS)

Eric Vineyard
NIS for Ward 3 & 18
Phone: 314-657-1356
Fax: 314-613-3120

Larry Isom
NIS for Ward 4
Phone: 314-657-1376
Fax: 314-613-3120

Sharie Taylor
NIS for Ward 5
Phone: 314-657-1390
Fax: 314-613-3120

Vernita Mullins
NIS for Ward 19
Phone: 314-657-1369
Fax: 314-613-3169

Citizens' Service Bureau

Address: 1520 Market St
Room 4087

Phone: 314-622-4800
Fax: 314-622-4310

Submit complaints online:

<https://www.stlouis-mo.gov/government/departments/public-safety/neighborhood-stabilization-office/citizens-service-bureau/csb-request-submit.cfm>

Tweet complaints: [@stlcsb](https://twitter.com/stlcsb)

St. Louis Metropolitan Police Department (SLMPD)

North Patrol Division
Address: 4014 Union

St. Louis, MO 63115

Emergency: 911

Non-Emergency: 314-231-1212

District Phone: 314-444-0001

City of St. Louis Department of Health



Address: 1520 Market St,
Room 4051
St. Louis, MO 63103
Main Phone: 314-612-5100
Main Fax: 314-612-5105
Hours: Mon-Fri, 8 AM – 5 PM

- Health Promotion, Education, & Marketing: 314-657-1480
- Maternal Child and Adolescent Health: 314-657-1456
- Environmental Health: 314-657-1539
- Communicable Disease: 314-657-1501



Find us on Facebook: <http://www.facebook.com/CityofSTLDOH>



Find us on Twitter: [@CityofSTLDOH](https://twitter.com/CityofSTLDOH)

City of St. Louis City Agencies

Building Division	314-622-3332
Citizens' Service Bureau	314-622-4800
City Emergency Management Agency	314-444-5466
Civil Rights Enforcement Agency	314-622-3301
Collector of Revenue	314-622-3291
Human Services	314-612-5900
St. Louis Area Agency on Aging (SLAAA)	314-612-5918
Veterans Affairs	314-657-1656
Office of Disabled	314-622-3686

City of St. Louis City Agencies

Brightside	314-772-4646
Parks, Recreation & Forestry	314-289-5300
Personnel	314-622-4308
Recorder of Deeds	314-622-3260
Vital Records Registrar	314-622-4610
Marriage License	314-622-3257/4527
Refuse Division	314-647-3111
St. Louis Agency on Training & Employment (SLATE)	314-657-3500
Street Department	314-647-3111
Water Division	314-633-9000

Community Resources in Zip Codes 63106, 63107, 63113

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Resources listed were obtained through 2-1-1 services and MDHSS. Inclusion of an external program, resource, or website does not imply endorsement by or represent the view of the City of St. Louis Department of Health. For a full listing of resources, call 2-1-1 or visit their website online at

<http://www.211.org/>

Job Resources

STL Workforce Centers	Address	Phone Number	Zip Code
The Met Center	6347 Plymouth	314-748-0713	63133
Cherokee & Ohio	2715 Cherokee	314-778-4220	63118
Prince Hall	4411 N. Newstead	314-875-9332	63115

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<http://www.211.org/>

Housing/Utility Resources for 63106, 63107, 63113

Facility Name	Address	Phone Number	Zip Code
St. Louis Housing Authority	3520 Page Blvd	314-531-4770	63106
Gateway 180: Homelessness Reversed	1000 N 19th St	314-231-1515	63106
Karen Catholic Worker House	1840 Hogan St	314-621-4052	63106
Sunshine Ministries, INC	1315 Howard St	314-231-8209	63106
Society of St. Vincent de Paul - Most Holy Trinity our Lady of Perpetual Help	3519 N 14th St	314-535-9794	63107
Humanitri	1447 E Grand	314-772-7720	63107
Stepping into the Light Ministry, INC	1402 Hebert St	314-231-5175	63107
Rosati Group Home St. Patrick Center	4220 N Grand Blvd	314-534-6624	63107
Society of St. Vincent De Paul - St. Matthew	2715 N Sarah St	314-289-6101 X1169	63113
Society of St. Vincent De Paul - Sts. Teresa and Bridget	3636 N Market	314-289-6101 X1102	63113
Society of St. Vincent De Paul - Visitation	1421 N Taylor	314-289-6101 X1124	63113
Covenant House Missouri	2727 N Kingshighway Blvd	314-533-2241	63113
Annie Malone Children and family Services Center	2612 Annie Malone Dr	314-531-0120	63113

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Food Resources for 63106, 63107, 63113

Facility Name	Address	Phone Number	Zip Code
Affinia Healthcare	1717 Biddle St	314-814-8700	63106
Gateway 180: Homelessness Reversed	1000 N 19th St	314-231-1515	63106
Peoples Community Action Gateway Classic Foundation	2012 Martin Luther King	314-269-5210	63106
St. Johns Community Service Ministry, INC	2240 St. Louis Ave	314-533-8668	63106
Affinia Healthcare - North Florissant Location	4414 N Florissant Ave	314-814-8700	63107
Inner City Christian Church Food Pantry	1956 E Warne Ave	314-385-9375	63107
Society of St. Vincent De Paul - Most Holy Trinity Our Lady of Perpetual Help	3519 N 14th St	314-535-9794	63107
Antioch Baptist Church	2401 Annie Malone Dr	314-535-1110	63113
Elmwood Memorial COGIC	5048 Martin Luther King	314-367-9130	63113
Mitchell Resource Center for Social Services	1341 N Kingshighway	314-367-2633	63113
Northside Youth and Senior Services Center	4120 Maffitt Ave	314-531-4161	63113
Salvation Army - Euclid Corps Community Center Emergency Social Services	2618 N Euclid Ave	314-531-5621	63113
Society of St. Vincent De Paul - Sts. Teresa and Bridget	3636 N Market	314-289-6101 X1102	63113
Society of St. Vincent De Paul - Visitation	1421 N Taylor	314-289-6101 X1124	63113
West Side Missionary Baptist Church	4675 Page Blvd	314-535-9002	63113

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Community Resources

Medical Facilities and Clinic Resources for 63106, 63107, 63113

Facility Name	Address	Phone Number	Zip Code
Affinia Healthcare	1717 Biddle St	314-814-8700	63106
Health Care for the Homeless Coalition of Greater St. Louis	1717 Biddle St	314-898-1700	63106
Haven of Grace	1225 Warren St	314-621-6507	63106
Community Health in Partnership Services	2431 N Grand Blvd	314-652-9231	63106
Affinia Healthcare - North Florissant Location	4414 N Florissant	314-814-8700	63107
Little Sisters of the Poor Senior Center SLAAA	3225 N Florissant	314-421-6022	63107
Myrtle Hilliard Davis Comprehensive Health Center, INC - Homer G Phillips Health Center	2425 N Whittier St	314-371-3100	63113
Annie Malone Children and Family Service Center	2612 Annie Malone Dr	314-531-0120	63113

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<http://www.211.org/>

Childcare Resources for 63106, 63107, 63113

Facility Name	Address	Phone Number	Zip Code
Dunbar Elementary School	1415 N Garrison Ave	314-255-7940	63106
Elmer Hammond Childgoon Development Center	1920 Cass Ave	314-421-4071	63106
JSo After-School & Summer Learning Enrichment Program at Carver Elementary School	3325 Bell Ave	314-426-4600	63106
Mime's Daycare INC	3155 Brantner Pl	314-534-2048	63106
Neighborhood Houses at Patrick Henry Downtown Academy	1220 N 10th St	314-265-1594	63106
Provident INC	1301 Hogan St	314-304-3395	63106
The Flance Early Learning Center	1908 Ofallon St	314-881-0881	63106
Boys and Girls Clubs of Greater St Louis-Herbert Hoover Club	2901 N Grand Ave	314-335-8000	63107
God's Creation learning Cneter LLC	2826 Vandeventer Ave	314-571-9887	63107
Grace Hill Settlement House	2128 E Gano	314-534-0370	63107
Grace Hill Settlement House	3820 N 14th St	314-231-9608	63107

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Childcare Resources for 63106, 63107, 63113

Facility Name	Address	Phone Number	Zip Code
Helping Hand Daycare	2037 E Fair	314-383-2917	63107
J.A.Y.C.E Academy LLC	3160 N Vandeventer Ave	314-496-6419	63107
Jackson, Jacqueline	3814 Penrose St	314-531-4959	63107
Janan Academy	3625 N Garrison Ave	314-531-0331	63107
Kare A Lot Developmental Care LLC	2523 Newhouse Ave	314-327-4839	63107
Moore, Caroline	1909 E John Ave	314-652-7963	63107
Neighborhood Houses at Farragut Elementary	4025 Sullivan Ave	314-531-1198	63107
Nubian Kings & Queens Inhome-Child Care Center	2236 Dodier St	314-588-9069	63107
Provident INC	2128 E Gano Ave	314-436-6708	63107
Queens and Kings Learning Center LLC	2310 Farrar St	314*-436-6708	63107
Varie's Childcare & learning Center LLC	4523 N 19th St	314-531-4058	63107
Water Tower Center	2125 Bissell St	314-584-6876	63107

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<http://www.211.org/>

Childcare Resources for 63106, 63107, 63113

Facility Name	Address	Phone Number	Zip Code
A Bright New Beginning Child Care & Development Center	4863 Cote Brilliante Ave	314-534-4230	63113
A Child's Dream	1380 Union Blvd	314-361-5141	63113
Academy Neighborhood	5183 Raymond Ave	314-367-7950	63113
Angels Affordable Activities Daycare	1815 N Taylor Ave	314-531-8857	63113
Brighter Futures Day Care	4247 E Maffitt Ave	314-371-1901	63113
Creative Kids Child Development	1408 N Kingshighway	314-361-3534	63113
Eternity Child Care LLC	2400 N Sarah St	314-531-9025	63113
Jones, Jennifer	4948 Lotus	314-367-8316	63113
Kennerly Temple Child Development Center	4307 Kennerly Ave	314-535-6708	63113
La Place Enrichment Center	3835 Windsor Pl	314-371-1043	63113
Land of OZ Academy INC	1176 Kingshighway	314-367-5263	63113

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Childcare Resources for 63106, 63107, 63113

Facility Name	Address	Phone Number	Zip Code
Neighborhood Houses at Cote Brilliante Elementary	2616 Cora Ave	314-533-0089	63113
New Beginnings Christian Academy and Child Development Center LLC	1164 N Kingshighway Blvd	314-361-6222	63113
Playtime Academy LLC	3739 Page Blvd	314-534-0530	63113
Raggecy Ann 'N' Andy Learning Center	4525 Aldine	314-652-7786	63113
The Guardian Angel Settlement Association	1127 N Vandeventer	314-231-3188	63113
YMCA-Monsanto Branch-Washington Montessori	1130 N Euclid Ave	314-361-0505	63113
Young Women's Christian Association of Metropolitan St Louis, Missouri	4146 Garfield Ave	314-535-9501	63113

Resources listed were obtained through 2-1-1 services and MDHSS. Inclusion of an external program, resource, or website does not imply endorsement by or represent the view of the City of St. Louis Department of Health. For a full listing of resources, call 2-1-1 or visit their website online at <http://www.211.org/>

NOTES SECTION



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