

When: November 2, 2013 | **8:00 AM-2:00 PM**

Where: UMSL, Millennium Student Center

07:45-08:45 | Registration

- Continental Breakfast
- Vendor Displays
- Canned Food Donations-Food Outreach

08:45-9:45 | Welcome and Opening Remarks

- **Mistress of Ceremony** - Ms. Jade Harrell, Hallelujah 1600
- **Performance** – Eboni Wilson and Lynette Ward
- **Performance** – Spoken-Word Artist – Evangelist Mildred I. Buchanan
- **Greetings** – Dr. Margaret Barton-Burke, PhD, RN, FAAN
Mary Ann Lee Endowed Professor of Oncology Nursing, University of Missouri-St
Louis College of Nursing and Research Scientist Siteman Cancer Center

09:00-9:45 Keynote Speaker – Dr. Denise Hooks-Anderson, MD, Department of Family and Community Medicine, Saint Louis University and Your Health Matters at the St. Louis American

FIRST RAFFLE DRAWING

10:00-10:15 | Break, Vendors & Move to 1st Breakout Session

10:15-11:00 | Breakout Session 1

- Getting Your House in Order – Mr. James Hicks, LCSW, Social Worker, Siteman Cancer Center
- Navigating the Health Care System – Ms. Andrea Turner
- Exercise & Breast Cancer - Ms. PeChaz Clark, BA, St. Louis Fitness Factory
- Nutrition & Cancer – Mrs. Regina Lowe
- Young Women’s Health & Breast Cancer – Ms. Kenya Haney, RN, MSN, UMSL College of Nursing Alumna
- Reflexology, Stress & Cancer – Ms. Shawnee Schellingerhout, RN

11:00-11:15 | Break, Vendors & Move to 2nd Breakout Session

11:15-12:00 | Breakout Session 2

- Getting Your House in Order - Mr. James Hicks, LCSW, Social Worker, Siteman Cancer Center
- Navigating the Health Care System – Ms. Andrea Turner
- Exercise & Breast Cancer - Ms. PeChaz Clark, BA, St. Louis Fitness Factory
- Nutrition & Breast Cancer – Mrs. Regina Low
- Young Women’s Health & Breast Cancer – Ms. Kenya Haney, RN, MSN, UMSL College of Nursing Alumna
- Reflexology, Stress & Cancer – Ms. Shawnee Schellingerhout, RN

SECOND RAFFLE DRAWING (immediately before lunch)

• **12:00-01:50 | Lunch**

- **Performance** – Spoken-Word Artist = X Blu Rayne
- **Performance** – Matiff Dancers
- **Musical Selections** - Mrs. Theda Oliver
- **Inspirational Speaker** – Rev. Karen Anderson

• **01:50-02:00 | Closing Remarks/Prayer** – Mrs. Myrtis Spencer

FINAL RAFFLE DRAWING

Sponsors: This empowering conference is brought to you with the help of these sponsors:

- University of Missouri–St. Louis College of Nursing
- University of Missouri–St. Louis School of Professional and Continuing Studies
- Mary Ann Lee Endowment for Oncology Nursing & The Des Lee Collaborative Vision
- Sista Strut Breast Cancer Walk
- Missouri Foundation for Health
- National Coalition of 100 Black Women
- Office of Minority Health, Missouri Department of Health & Senior Services
- Genentech
- Chi Eta, Phi Rho Chapter
- Komen for the Cure St. Louis Affiliate