



Neighborhood in Focus:

# Walnut Park West



Hello Walnut Park West Neighborhood Resident:

As part of PIER (Prevention, Intervention, Enforcement, and Re-Entry), the City's Comprehensive Crime Plan, we are focusing efforts on 15 neighborhoods – Walnut Park West Neighborhood– is one of them. The following pages contain graphics focusing on health data to help move conversations away from emotion and ground them in facts. This “Neighborhood In Focus” also highlights health needs identified in the Walnut Park West Neighborhood and available resources to help meet those needs.

Crime is influenced by many factors in the community. The Center for Disease Control has identified some aspects of crime -- such as violence -- as a public health concern. This calls for a public health response.

Walnut Park West Neighborhood has a lot of positive attributes that have formed its history and will help us to provide the basis for an even better future. The City of St. Louis Department of Health (DOH) hopes will be able to use this “Neighborhood In Focus” guide for your neighborhood improvement discussions.

Let us know what you think.

Sincerely,



Melba R. Moore, MS, CPHA  
Acting Director / Commissioner of Health



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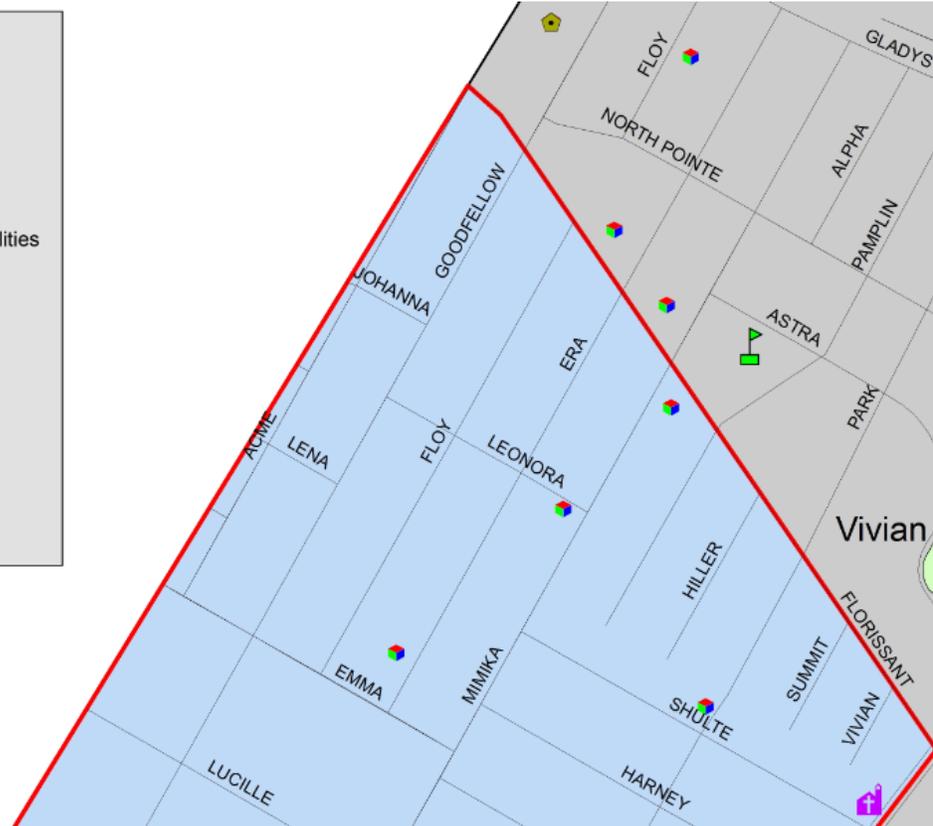
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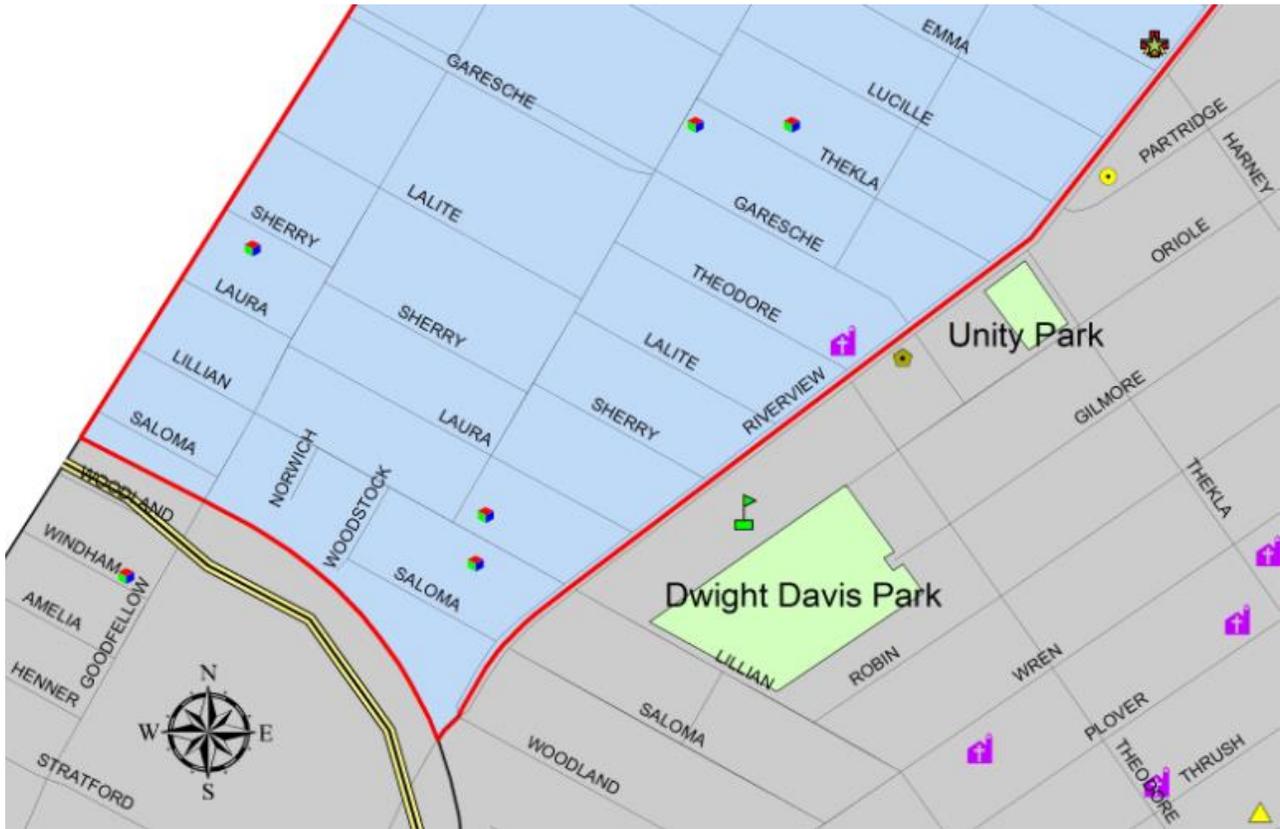
Disclaimer: Information in this guide is meant to inform the public about health indicators in the community. Selection of data is limited to indicators available for abstraction by neighborhood level or zip code level. Neighborhood rankings are based on rates of respective indicator. Data sources include Centers for Disease Control (CDC), Census (2010), Missouri Department of Health and Senior Services (MDHSS), Behavioral Risk Factor Surveillance System (BRFSS), Missouri Department of Motor Vehicles (DMV), CityWorks, and Understanding Our Needs (UON) 2016.

# Neighborhood Map: Walnut Park West



-  Church
-  School
-  FQHC / UrgentCare
-  STD Testing Site
-  YMCAs & Recreation Facilities
-  Food Bank
-  Pharmacy
-  Safe Place
-  Grocery Store
-  Day Care
-  Cooling Center
-  Condom Distribution Site





## A PUBLIC HEALTH PROBLEM

Access to nutritious food is a challenge: 55% of the City of St. Louis is considered a food desert.

About 1 in 5 Americans meet national physical activity guidelines.

Adult Americans spend a significant amount of their day at work, and many struggle to be physically active.

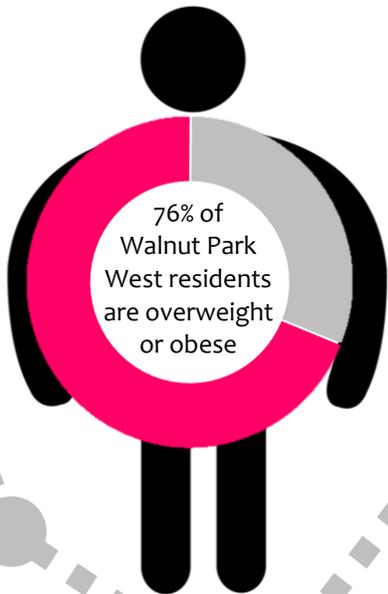
## YOUR NEIGHBORHOOD

Overweight & Obesity Prevalence



# Overweight & Obesity

## IN THE CITY OF ST. LOUIS



Compared with 79 City of St. Louis neighborhoods, Walnut Park West ranked 1<sup>st</sup> highest for overweight & obesity rates.

## A PUBLIC HEALTH SOLUTION

Public health improves food safety and food choices. For tips on making better choices: check out Choose MyPlate.



Public health creates opportunities to be physically active. Check out Let's Move!



Create or enhance physical activity environments to be safe and pedestrian friendly. Check out the Sustainable Neighborhood toolkit.



## What the City of St. Louis Department of Health Can Do

**Let's Move!** is a comprehensive initiative, launched by the First Lady, dedicated to solving the problem of obesity within a generation, so that children born today will grow up healthier and able to pursue their dreams.

**Jump N2 Shape** is a regional health movement led by the DOH to promote weight loss and increase fitness among area residents.

**Nutrition Services** is a group of dietitians that provide current and reliable nutrition information.

## What You Can Do



**DRINK LESS  
SODA, MORE  
WATER**



**CHOOSE  
HEALTHY  
CHOICES**



**INCREASE  
ACTIVE  
PLAY**

## List of Resources

City of Saint Louis, Department of Health, Health Promotion Education & Marketing Division: Health Institute STL

1520 Market Street, Room 4045  
St. Louis, MO 63103  
Phone: (314) 657-1480

Jump N2 Shape: 314-657-1480

Email: [info@jumpn2shape.com](mailto:info@jumpn2shape.com)  
[www.facebook.com/JUMPN2Shape](http://www.facebook.com/JUMPN2Shape)

Let's Move!

<http://www.letsmove.gov>

Choose MyPlate:

<http://www.choosemyplate.gov/>

Sustainable Neighborhood Toolkit:  
<http://sustainableneighborhood.net>

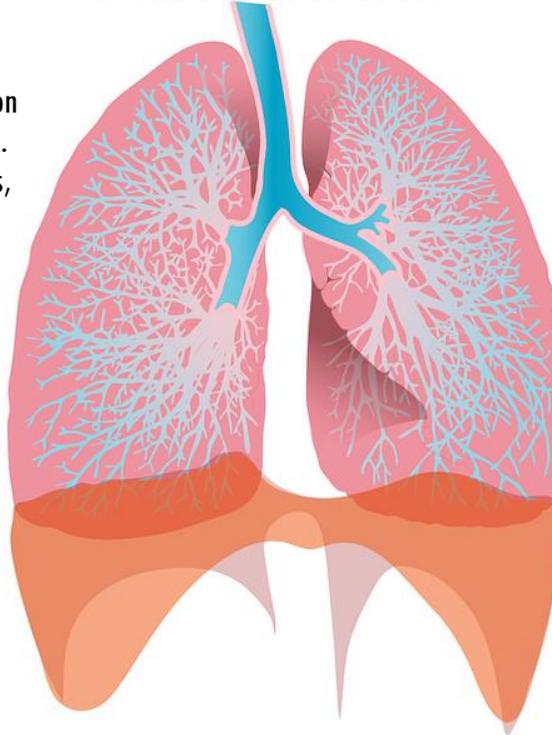
More information on other great programs can be found online:

<https://www.stlouis-mo.gov/government/departments/health/health-promotions/index.cfm>

## THE IMPACT OF

# Asthma

## IN THE CITY OF ST. LOUIS



**Asthma is a disease that affects your lungs.** It is one of the most common long-term diseases for people of all ages. Asthma causes wheezing, breathlessness, chest tightness, and coughing at night or early in the morning.

### Asthma Triggers



**Environmental**  
Smoking  
Animal dander  
Dust & mold  
Chemicals  
Smoke  
Pests and insects



**Seasonal**  
Temperature changes  
Pollen  
Allergens



**Physical stress**  
Strenuous activity  
Illness

**1.9%**

of adults in zip code 63136 visited the ER for asthma in 2013.

**4.5%**

of children (under 18) in zip code 63136 visited the ER for asthma in 2013.

**In 2013, 2.3% of residents in zip code 63136 visited the ER for asthma.**



**Did you know? 1 in 15 Americans suffers from asthma. Know your triggers!**

## **What the City of St. Louis Department of Health Can Do**

Asthma Friendly St. Louis helps kids manage their asthma.

Free services provided:

- Asthma education
- Resource Guide
- Home Assessment Workbook
- Home asthma trigger reduction assistance
- Bedding encasements
- Cleaning kits
- HEPA vacuum loan referrals
- Air filters
- Referral for asthma equipment

## **What You Can Do**

Get an Asthma Home Assessment to identify triggers.

Visit a doctor regularly and frequently to discuss asthma symptoms and treatment.

Have a plan in place to monitor asthma triggers.

## **List of Resources**

City of St. Louis  
Department of Health  
Asthma Friendly St. Louis  
1520 Market St.  
Room 4051  
St. Louis, MO 63103  
Phone: 314-657-1423  
Fax: 314-612-5005

Visit us online:

[asthmafriendlystlouis.org](http://asthmafriendlystlouis.org)

# THE PROBLEM



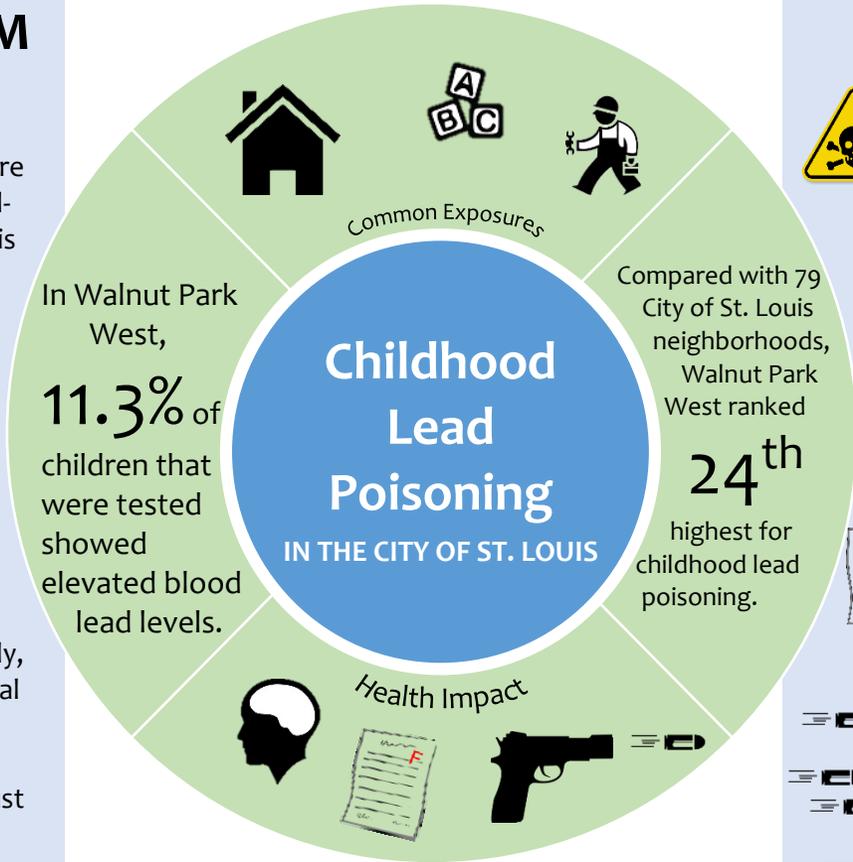
Many St. Louis homes built before 1978 contain lead-based paint that is deteriorating.



Small amounts of lead dust or chipped paint can be enough to cause lead poisoning.



If done incorrectly, lead paint removal can expose the lead and cause contaminated dust to be airborne.



# THE IMPACT



Lead can be ingested, inhaled, or absorbed through the skin, causing lead poisoning.



Lead poisoning causes damage to the brain, causing learning disorders, and hearing problems.



Lead-exposed children may perform poorly in schools and tend to drop out.



A growing body of evidence in the social and medical sciences traces high crime rates to high rates of lead exposure.

## What the City of St. Louis Department of Health Can Do

We offer free blood lead level testing for your child.

We provide education on nutrition and cleaning techniques that can reduce lead exposure.

We offer free water testing for your home's plumbing.

## What You Can Do

- ✓ **Get tested.**  
Talk with your child's doctor about a simple blood lead test.
- ✓ **Check your home.**  
Talk with us about testing paint and dust in your home for lead.
- ✓ **Remove the threat.**  
Discard any items in the house that may contain lead.
- ✓ **Renovate safely.**  
Use contractors certified by the EPA to prevent hazardous lead dust.

## List of Resources

Request a home inspection or water test by calling CSB: 314-622-4800

City of St. Louis  
Department of Health  
Maternal Child and Adolescent Health

1520 Market St.  
Room 4051  
St. Louis, MO 63103  
Phone: 314-657-1456  
Hours: 8:00 AM – 5:00 PM

Check out the website:  
[www.leadstestlouis.com](http://www.leadstestlouis.com)



## PUBLIC HEALTH IMPACT

Chlamydia and Gonorrhea are the most commonly reported sexually transmitted Infections in the United States, Missouri and City of St. Louis.

# CHLAMYDIA & GONORRHEA STIs IN THE CITY OF ST. LOUIS

## YOUR NEIGHBORHOOD

Compared with 79 City of St. Louis neighborhoods, Walnut Park West ranked:

- 5<sup>th</sup> highest for chlamydia rates
- 3<sup>rd</sup> highest for gonorrhea rates

Most people with STIs don't have symptoms.

**Know your STATUS.  
Get checked!**



Did you **KNOW**?



In Walnut Park West, 56% of residents testing positive for chlamydia were women.

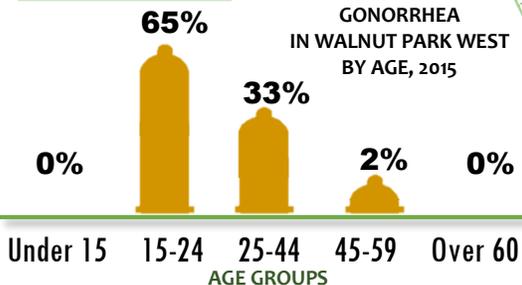


**90%**

90% of residents in Walnut Park West who tested positive for STIs were African American.

## WHO IS AT RISK?

CHLAMYDIA AND GONORRHEA IN WALNUT PARK WEST BY AGE, 2015



Young adults are at higher risk for STIs

**Need a condom?  
Need it NOW?  
Find FREE condoms here!**

[www.stlcondoms.com](http://www.stlcondoms.com)

## What the City of St. Louis Department of Health Communicable Disease Bureau Can Do For You

We provide testing and referral services.

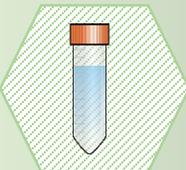
We do outreach using mobile testing methods.

We come to your area schools and youth programs and educate the community.

We use data to target our interventions.

We have on-going partnerships working to implement a comprehensive prevention plan.

## What You Can Do



**Get tested!**



**Use condoms properly and consistently.**



**Limit or eliminate drug and alcohol use before and during sex.**



**Reduce the number of sexual partners.**

## List of Resources

City of St. Louis Department of Health  
Communicable Disease  
1520 Market St.  
Room 4027  
St. Louis, MO 63103  
Phone: 1-888-291-2437

Disease Intervention  
Services: 314-612-5188

For HIV linkage to care:  
1-844-546-5785

Education & Community  
Planning: 314-612-5188

Medical Records:  
314-657-1447

For TB info: 314-612-1400

HIV & Hepatitis Surveillance:  
314-657-1501

St. Louis Regional HIV Health  
Services Planning Council  
<http://stlplanningcouncil.com>



# ENVIRONMENTAL PUBLIC HEALTH COMPLAINTS IN YOUR NEIGHBORHOOD

**12.8%** of complaints in Walnut Park West were for trash, tires, and sanitation



**57.6%** of complaints in Walnut Park West were animal related.



**28%** of complaints in Walnut Park West were about mosquitoes and



**1.6%** of complaints in Walnut Park West were for restaurant and food-related issues.



## ELEMENTS THAT AFFECT OUR HEALTH



sanitation of our surroundings



welfare of our animal companions



food that we eat



air that we breathe



presence of disease-carrying vectors

Compared with 79 City of St. Louis neighborhoods, Walnut Park West ranked 9<sup>th</sup> highest for environmental health



### What the City of St. Louis Department of Health Bureau of Environmental Health Services Does for You



**Community Sanitation** strives to ensure a safe and sanitary environment



**Animal Care & Control** promotes the health and safety of residents and companion animals



**Food & Beverage Control** works to ensure a safe food supply



**Air Pollution Control** reviews asbestos abatement and demolition permits



**Vector Control** helps to decrease the number of mosquitoes and rats

### What You Can Do

Call us about your concerns



Send complaints to CSB



Be involved in your neighborhood

**We Care!**

### List of Resources

Citizens' Service Bureau (CSB)

Phone: 314-622-4800

Submit complaints online:

<https://www.stlouis-mo.gov/government/departments/public-safety/neighborhood-stabilization-office/citizens-service-bureau/csb-request-submit.cfm>

Tweet your complaint [@stlcsb](https://twitter.com/stlcsb)

City of St. Louis Dept. of Health Bureau of Environmental Health Services

520 Market St, Room 4051

St. Louis, MO 63103

Phone: 314-657-1539

Fax: 314-612-5367

## THE PROBLEM

The St. Louis metropolitan area consistently has rates of violence far higher than most other places in the United States – ranking 9th in the nation for number of youth murdered with guns in 2012.

## WALNUT PARK WEST



**55 in 1000** residents experienced burglary, larceny, or vehicle theft.



**26 in 1000** residents were victims of a violent crime.



**6 in 1000** crimes reported involved drugs.

# The health impact of CRIME IN THE CITY OF ST. LOUIS

Compared with 79 City of St. Louis neighborhoods, Walnut Park West ranked:

- 47<sup>th</sup> highest for property crime rates
- 28<sup>th</sup> highest for violent crime rates
- 27<sup>th</sup> highest for drug-related crime rates



## HEALTH IMPACT

Violence is a serious public health problem. It affects people in all stages of life. Those who survive violence suffer physical, mental, and or emotional health problems throughout the rest of their lives.

## VIOLENCE

- Violence is the leading cause of injury, disability, and premature death.
- Youth violence is the 3<sup>rd</sup> leading cause of death for young people (15-24 years).
- It also affects the health of communities.



Decreases property values



Disrupts social services



Increases healthcare costs

## What the City of St. Louis Can Do For You

The St. Louis Metropolitan Police Department provides:

- Free home security surveys
- Classes for businesses to teach employees how to prevent robbery and how to respond should a break-in occur
- Free Fraud Prevention seminars

Citizen Service Bureau handles many nuisance issues:

- accumulation of trash, weeds
- street maintenance
- traffic control signals and signs
- street lights
- requests for building and health inspections
- stray or vicious dogs

We can provide you and your neighborhood with tools to create a Neighborhood Ownership Plan.

## What You Can Do

- ✓ Check the security of your home and vehicle regularly.
- ✓ **TRUST YOUR INTUITION.** Be aware of your personal surroundings.
- ✓ Join a Neighborhood Watch Program in your area.
- ✓ Create or join a Neighborhood Ownership Plan to reduce crime (more info at 314-622-4941)
- ✓ Check out [http://www.slmpd.org/crime\\_prevention.shtml](http://www.slmpd.org/crime_prevention.shtml) for more tips.

## List of Resources

Emergency: 9-1-1

Non-Emergency  
314-231-1212

Central Patrol Division  
919 N. Jefferson Ave.  
St. Louis, MO 63106  
314-444-2500

Crime Stoppers  
1-866-371-TIPS

Citizen Service Bureau  
314-622-4800

For Home Security Surveys  
or Robbery Prevention  
Training Contact:  
[CrimePrevention@slmpd.org](http://CrimePrevention@slmpd.org)

## **Alderperson**



Chris Carter  
Ward 27 Alderman  
Phone: 314-622-3287  
Fax: 314-622-4273

## **Neighborhood Improvement Specialist (NIS)**

Mark Minden  
NIS for Ward 27  
Phone: 314-657-1354  
Fax: 314-613-3120

## **Citizens' Service Bureau**

Address: 1520 Market St  
Room 4087  
Phone: 314-622-4800  
Fax: 314-622-4310  
Submit complaints online:  
<https://www.stlouis-mo.gov/government/departments/public-safety/neighborhood-stabilization-office/citizens-service-bureau/csb-request-submit.cfm>  
Tweet complaints: [@stlcsb](https://twitter.com/stlcsb)

## **St. Louis Metropolitan Police Department (SLMPD)**

Central Patrol Division  
Address: 919 N. Jefferson Ave.  
St. Louis, Mo 63106  
Emergency: 911  
Non-Emergency: 314-231-1212  
District Phone: 314-444-2500

## **City of St. Louis Department of Health**



Address: 1520 Market St,  
Room 4051  
St. Louis, MO 63103  
Main Phone: 314-612-5100  
Main Fax: 314-612-5105  
Hours: Mon-Fri, 8 AM – 5 PM

- Health Promotion, Education, & Marketing: 314-657-1480
- Maternal Child and Adolescent Health: 314-657-1456
- Environmental Health: 314-657-1539
- Communicable Disease: 314-657-1501



Find us on Facebook: <http://www.facebook.com/CityofSTLDOH>



Find us on Twitter: [@CityofSTLDOH](https://twitter.com/CityofSTLDOH)

## City of St. Louis City Agencies

Building Division	314-622-3332
Citizen Service Bureau	314-622-4800
City Emergency Management Agency	314-444-5466
Civil Rights Enforcement Agency	314-622-3301
Collector of Revenue	314-622-3291
Human Services	314-612-5900
St. Louis Area Agency on Aging (SLAAA)	314-612-5918
Veterans Affairs	314-657-1656
Office of Disabled	314-622-3686

## City of St. Louis City Agencies

Operation Brightside	314-772-4646
Parks, Recreation & Forestry	314-289-5300
Personnel	314-622-4308
Recorder of Deeds	314-622-3260
Vital Records Registrar	314-622-4610
Marriage License	314-622-3257/4527
Refuse Division	314-647-3111
St. Louis Agency on Training & Employment (SLATE)	314-657-3500
Street Department	314-647-3111
Water Division	314-633-9000

# Community Resources in Zip code 63136

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Resources listed were obtained through 2-1-1 services and MDHSS. Inclusion of an external program, resource, or website does not imply endorsement by or represent the view of the City of St. Louis Department of Health. For a full listing of resources, call 2-1-1 or visit their website online at

<http://www.211.org/>

## Job Resources

<b>STL Workforce Centers</b>	<b>Address</b>	<b>Phone Number</b>	<b>Zip Code</b>
The Met Center	6347 Plymouth	314-748-0713	63133
Cherokee & Ohio	2715 Cherokee	314-778-4220	63118
Prince Hall	4411 N. Newstead	314-875-9332	63115

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## Housing/Utility Resources near 63136

Facility Name	Address	Phone Number	Zip Code
Lutheran Senior Services at Halls Ferry Manor	8725 Halls Ferry Rd	314-388-1944	63147

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<http://www.211.org/>

## Food Resources near 63136

Facility Name	Address	Phone Number	Zip Code
Circle of Light Associates	8759 Annetta Ave	314-382-8759	63147
St. Francis Community Services Father Tolton Center	1018 Baden Ave	314-385-3445	63147

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# Medical Facilities & Clinic Resources near 63136

Facility Name	Address	Phone Number	Zip Code
Myrtle Hilliard Davis Comprehensive Health Center, INC. - Florence Hill Health Center	5541 Riverview Blvd	314-389-4566	63120
St. Francis Community Services Father Tolton Center	1018 Baden Ave	314-385-3445	63147
Myrtle Hilliard Davis Comprehensive Health Center, INC - Homer G Phillips Health Center	2425 N Whittier St	314-371-3100	63113

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<http://www.211.org/>

# Childcare Resources near 63136

Facility Name	Address	Phone Number	Zip Code
Balloons, Bears & Babies, INC	6307 Windham Ave	314-381-8697	63120
Beginning Futures LLC	4981 Thrush Ave	314-381-8400	63120
Criglers Day Care	5015 Emerson Ave	314-389-5672	63120
GG's Tiny Treasure, LLC	4581 Davison Ave	314-382-3222	63120
Greater Calvary Child Development Center	5202 Riverview Blvd	314-385-1974	63120
Jones, Michelle	5406 Thrush Ave	314-828-0030	63120
Mt Pleasant Missionary Baptist Church	2855 Arlington Ave	314-382-7001	63120
Radiant Faith Fellowship, INC	5314 W Florissant Ave	314-385-1036	63120
Smith, Ladonaa Patricia	5057 Emerson Ave	314-261-4909	63120
Teach Me Kids Academy Learning Center	5800 W Florissant Ave	314-499-8727	63120
Thomas, Patricia	5331 St Louis Ave	314-381-5309	63120
Todd, Eyvone	5093 Arlington Ave	314-385-2517	63120
Young Einstein Child Care Center LLC	3903 Goodfellow Blvd	314-385-1980	63120
Young Women's Christian Association of Metropolitan St Louis, Missouri	4100 Peyton Ln	314-382-9041	63120

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<http://www.211.org/>

## Childcare Resources near 63136

Facility Name	Address	Phone Number	Zip Code
Ages & Stages Childcare	5743 Riverview Blvd	314-385-0772	63147
Baden Christian Child Care Center INC	8375 N Broadway Ave	314-261-1376	63147
Circle of Light Greater Achievers Learning Center	8757 Annetta	314-382-0739	63147
D.U.M.A.S. Bi-Lingual Child Development Center	8410 N Broadway	314-764-2455	63147
Lyons and cubs Daycare	914 Nassau Dr	314-395-6998	63147
Magic Moments Learning Center, INC	8784 N Broadway	314-867-2523	63147
Mess Pat's Daycare	7901 N Broadway	314-899-0504	63147
Neighborhood Houses at Herzog Elementary	5831 Pamplin Ave	314-383-1733	63147
New Northside family Life Center INC	5939 Goodfellow Blvd	314-385-5811	63147
Provident INC	8959 Riverside Blvd	314-867-0634	63147
Simmons, Yvonne	5936 Floy Ave	314-643-5369	63147
Trinity Child Development Center	8229 N Broadway	314-643-5369	63147
Veasley's Tender Loving Care Daycare Center, L.L.C.	8501 A&B N Broadway	314-388-3200	63147

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<http://www.211.org/>

**NOTES SECTION**

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**City of St. Louis Department of Health**  
1520 Market St.  
St. Louis, MO 63103



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<http://stlouis-mo.gov/government/departments/health>