

ST. LOUIS AREA AGENCY ON AGING (SLAAA)

City of St. Louis Department of Human Services

1520 Market, Suite 4086, St. Louis, MO 63103 • Phone: 314-612-5918, 877-612-5918

Fax: 314-612-5915 • E-mail: SLAAA@stlouiscity.com • Web site: www.SLAAA.org

SLAAA provides home delivered meals and congregate meals bringing nutritionally balanced meals to people unable to leave their home age 18-59 with a disability or 60 and older in the City of St. Louis. Each meal provides 1/3 of the recommended daily allowance. Meals are appropriate for diabetics and those with heart disease. SLAAA can provide nutrition supplements for those at high nutritional risk. A staff member will visit the person requesting the meals or nutrition supplements to determine eligibility. Although there is no charge for the meals, persons who receive this service may make voluntary contributions to help support the program.

Other programs provided at the Senior Centers vary from center to center. Some of these programs include: health screenings and exercise classes, computer classes, tax assistance, food pantries, benefits assistance, and speakers. Please contact the senior center closest to you to request a calendar of events, or call (314) 612-5918.

To apply, call the St. Louis Area Agency on Aging at (314) 612-5918.

SENIOR CENTERS

City Seniors Inc.

4705 Ridgewood, 63116

314-352-0141

Home delivered meals, congregate meals, and transportation are available.

Five Star Senior Center

2832 Arsenal, 63118

314-664-1008

Home delivered meals, congregate meals, and transportation are available.

Urban League PATCH Center

7925 Minnesota Ave., 63111

314-584-6964

Congregate meals are available.

Macklind International Senior Center

1329 Macklind, 63110

314-645-7800

Congregate meals and transportation are available.

Northside Senior Center

4120 Maffitt, 63113

314-531-1937

Home delivered meals, congregate meals, and transportation are available.

Robert Fulton Senior Center

5515 Martin Luther King, 63112

314-361-6878

Home delivered meals, congregate meals, and transportation are available.

St. Louis Activity Center

5602 Arsenal, 63139

314-645-3477

Congregate meals, and transportation are available.

Southside Wellness Center

3017 Park Ave., 63104

314-664-5024

Congregate meals and transportation are available.

Wesley House Senior Center

4507 Lee, 63115

314-385-1000

Home delivered meals, congregate meals, and transportation are available.

Questions?

Call (314) 612-5918

