

ST. LOUIS AREA AGENCY ON AGING (SLAAA)

City of St. Louis Department of Human Services

1520 Market, Suite 4086, St. Louis, MO 63103 • Phone: 314-612-5918, 877-612-5918

Fax: 314-612-5915 • E-mail: SLAAA@stlouiscity.com • Web site: www.SLAAA.org

SLAAA provides home delivered meals and congregate meals bringing nutritionally balanced meals to people unable to leave their home age 18-59 with a disability or 60 and older in the City of St. Louis. Each meal provides 1/3 of the recommended daily allowance. Meals are appropriate for diabetics and those with heart disease. SLAAA can provide nutrition supplements for those at high nutritional risk. A staff member will visit the person requesting the meals or nutrition supplements to determine eligibility. Although there is no charge for the meals, persons who receive this service may make voluntary contributions to help support the program.

Other programs provided at the Senior Centers vary from center to center. Some of these programs include: health screenings and exercise classes, computer classes, tax assistance, food pantries, benefits assistance, and speakers.

SENIOR CENTERS

City Seniors, Inc. (Bevo Senior Center)

Jenifer Bess

jbess@stlouiscityseniors.com

4705 Ridgewood, 63116

314-352-0141

Home delivered meals, congregate meals, and transportation are available.

Five Star Senior Center

Mike Howard

mhoward@5starcc.org

Alisha Robinson

arobinson@5starcc.org

2832 Arsenal, 63118

314-664-1008

Home delivered meals, congregate meals, and transportation are available.

Grace Hill PATCH Center

Karen Evans

kevans@gracehillsettlement.org

7925 Minnesota Ave., 63111

314-584-6964

Congregate meals are available.

Macklind Bi-Lingual International Assistant Services (BIAS)

Jason Baker

1329 Macklind Ave, Suite 200

314-645-7800

St. Louis, MO 63110

Home delivered meals, congregate meals, and transportation are available.

Northside Senior Center

David Lakine

dlakine@nsysscc.com

4120 Maffitt, 63113

314-531-1937

Home delivered meals, congregate meals, and transportation are available.

Robert Fulton Senior Center

5515 Martin Luther King, 63112

314-367-9600

Home delivered meals are available.

Southside Wellness Center

Ollie Stewart

southwel@swbell.net

3017 Park Ave., 63104

314-664-5024

Congregate meals and transportation are available.

St. Louis Activity Center

Nathan Borgsmiller

nborsmillerslsc@gmail.com

5602 Arsenal, 63139

314-645-3477

Home delivered meals, congregate meals, and transportation are available.

Wesley House Senior Center

John Saunders

saunders@wesleyhousestl.org

4507 Lee, 63115

314-385-1000

Home delivered meals, congregate meals, and transportation are available.

Kingdom House

Samantha Knight

sknight@kingdomhouse.org

1025 Park Ave 63104

314-421-0400

Volunteer program, Companionship program.

Questions?

Call (314) 612-5918

