



Carnahan Fitness Center

Carnahan Courthouse
1114 Market St.,
Room 770,
St. Louis, MO 63101

Hours of Operation
Monday through Friday
6am-7pm

Become a Member



Contact the City BeeFit Wellness Program at CityEmployeeWellness@stlouis-mo.gov or 314-622-4849 to sign-up for your **FREE** membership.

Amenities:

- Locker rooms
- Showers
- Treadmills
- Ellipticals
- Rower
- Seated stairstepper
- Bikes

- Cable/Smith machine
- Dumbbells
- Resistance bands
- Foam rollers
- Stability balls
- Adjustable benches
- Stretching mats

Fitness Center is open to City employees only.