

Policy & Procedures

CHAPTER:	4	Facility Services	4.2.2
SECTION:	2	Health Services	EFFECTIVE DATE: 4 / 8 / 2020
SUBJECT:	2	Health Examinations	
STANDARDS: ACA 4 – ALDF: 4C-22 (M); 4C-23 (M); 4C-24 (M); 4C-25(M); 4C-26 (M)			
APPROVED:			REVIEW DATE: 4 / 8 / 20
Dale Glass COMMISSIONER OF CORRECTIONS			REVISION DATE: 6 / 24 / 20
Rescind: 4.2.2 dated 5/23/06 Cancel:			

I. POLICY

It is the policy of the St. Louis City Division of Corrections that the healthcare provider completes health care screening for all inmates immediately upon admission to assess their physical health and determine immediate need for health care, recommend treatment and promote physical well being to prevent spread of disease.

II. RESPONSIBILITIES

All Division of Corrections staff having direct contact with the inmate population and medical staff are responsible for the following procedures.

III. DEFINITIONS

None

IV. PROCEDURES

A. General Information

1. Inmates will receive periodic physical examinations during their incarceration at the times set forth in this policy.
2. Before booking, the health care provider will visually inspect each inmate to assess apparent immediate need for health care and identify serious health problems during Level I Screening to determine the arrestee's fit for confinement (See #4.2.5 Level III Medical Screening).

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3. Health care staff will do a structured evaluation of an inmate's health and mental status immediately upon the inmate's admission to the facility (See #4.2.5 Level I/II Medical Screening).
4. Health care staff will offer a health appraisal of an inmate within **14 days** of the inmate's initial admission to the facility. (ACA: 4C-24).

B. Arrival at the Facility

1. Health care staff will visually inspect each arrestee during the reception process before the Division accepts the inmate for admission. Staff will complete the Medical Screening Form during Level I Medical Screening.
2. If the inmate is unconscious or in need of immediate medical attention, the healthcare staff will direct the remanding officer to an outside medical provider, such as an emergency room physician, for assessment:
 - a. Conditions that require immediate medical attention include potentially life threatening, serious or communicable health conditions.
 - b. The Division is not responsible for providing medical care or arranging transports prior to accepting custody of an arrestee.
3. Staff will inspect the inmate for obvious injuries or illnesses and inquire about any medical problems or recent use of medication. As soon as practical, staff will medically attend to a inmate who appears to be ill, injured, or incapacitated by alcohol, narcotics, or similar agents, but not in immediate need of medical attention.

C. Admission

1. Health care staff will perform a Level II health screening for each new inmate if the inmate is cooperative. In any event, health care staff will screen the inmate immediately upon admission.
2. The health screening must include a mental health status screening, to be performed by health care staff that is trained to identify mental illness or the need for immediate mental health care. The health screening must also include a physical assessment.
3. The Director of Nursing will periodically monitor health care screenings for the purpose of ensuring quality assurance.
4. A health care screening that show abnormality must be referred to the facility physician. If the facility cannot provide the necessary health care, then a referral must be made to a provider outside the facility.

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5. New inmates will be kept in admissions housing, when feasible, pending Level II examination by health care personnel. The Division will assign the inmate to appropriate housing after health care staff completes the examination.
6. Staff will promptly refer inmates who are a suicide risk or who show signs of mental illness, or drug abuse to a psychologist, psychiatrist, or a qualified mental health professional. The Healthcare Administrator will confer with the psychologist or psychiatrist who reviews the mental health professional's diagnosis and treatment either onsite or telephonically to ensure the review is within 72 hours of the diagnosis, excluding weekends and holidays.

D. Health Appraisal

Health care staff will perform a health appraisal for each inmate within **14 days** of the initial admission unless the inmate has received a health appraisal within the previous 90 days and health care personnel at the receiving facility do not recommend or require a new appraisal.

1. The exam must include:
 - a. A review of the earlier received screening;
 - b. Laboratory tests including TB screening and any other tests that are clinically indicated;
 - c. All items on the Physical Health History form except those items that are declined by the inmate.
 - d. All items on the Physical Health History form except those items that are declined by the inmate.
 - e. For female inmates:
 - (1) a history of menstrual cycle, problem with menses, pregnancies.
 - (2) birth control history, including current method, if any;
 - (3) pelvic examination, unless declined;
 - (4) breast examination (visual and manual) unless declined; and
 - (5) pregnancy test, as indicated.
2. Staff will record the exam results in the inmate's health care file.

E. Periodic Examinations

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The Division will ensure that each inmate has the following periodic examinations throughout inmate's incarceration:

1. Inmates assigned to work in the food service section of the facility must be given a health appraisal before beginning work and annually thereafter to ensure they are free from communicable disease (See doc #4.1.2: Food Service Health and Safety Regulations).
2. Female inmates must be offered a routine pelvic (PAP) and breast examination periodically according to community standards.

F. Segregation for Medical Reasons

1. The Healthcare Administrator or designee, with the approval of the Superintendent will resolve all inmates' need for special housing for medical reasons.
2. The Division may place an inmate in administrative segregation for medical reasons if the inmate refuses to cooperate during the health screening or health appraisal. This includes refusal of the screening. The inmate must remain in segregation until the examination is complete.
3. The healthcare staff will recommend infirmary placement or single cell placement for the inmate if the health appraisal reveals a communicable disease that requires segregation to protect the staff and inmates. Information for precautionary protective garments such as gloves and masks that must be worn by supervising Correctional officers will be passed on to custody Shift Supervisor