

City of St. Louis Department of Public Safety/Division of Corrections
POLICY & PROCEDURES

CHAPTER:	4	Facility Operations	4.2.3
SECTION:	2	Health Services	EFFECTIVE DATE: 4 / 8 / 2020
SUBJECT:	3	Specialized Programs	
STANDARDS: ACA – 4 – ALDF: 4C-07, 4C-21, 4C-36(M), 4C-37			
APPROVED: _____			REVIEW DATE: 4 / 8 / 20
Dale Glass COMMISSIONER OF CORRECTIONS			REVISION DATE: 6 / 24 / 20
Rescind: 4.2.3 dated 4/10/06 Cancel:			

I. POLICY

The Division will ensure special health care and allied programs will be made available to inmates within the limits of state laws and available funds. A written treatment plan will be developed for inmates with special health care needs.

II. RESPONSIBILITIES

The facility Executive staff, healthcare providers, and staff having daily contact with the inmate population are responsible for ensuring that the provisions of this policy are adhered to.

III. DEFINITIONS

None

IV. PROCEDURES

A. General Information

1. These procedures establish guidelines for the application and/or participation of the Division and the medical staff in the indicated special health care and medically related activities.
2. A written treatment plan will be developed by the appropriate, physician, dentist or other qualified health care practitioner for each inmate with a special health care need. The plan will include a statement of short term and long term goals,

specific courses of therapy, and provisions for referral to supportive and/or rehabilitative services, when necessary.

B. Health Education

Each facility health care unit will provide health education material to inmates, upon request, of the same or similar variety as that provided to the general public through volunteers and governmental agencies at no cost or minimal charge. In addition, health care personnel may produce or use materials for specific health education purposes.

C. Food Service

Health care personnel will conduct periodic inspection of the facility's food service area and operation in coordination with the Food Service Manager. The health care unit will provide the required physical examinations and health assessments for food service workers (See #4.1.2 Health and Safety Regulations). Medically prescribed therapeutic diets for inmates, ordered by health care personnel, will be referred to the food service unit (See 4.1.1 Food Service Program).

D. Preventive Services

Some blood or tissue screening health care procedures for communicable diseases may be prescribed as mandatory health care for Hepatitis-B, Syphilis, Tuberculosis, and other such contagions. Other screening procedures will be optional preventive services for inmates and may include blood and intraocular pressure measurements, urine analysis, cervical smears, prostate digital examination. etc. The range of optional preventive screening procedures provided will be the same as those usually done in a family or general practitioner's medical practice. Tests performed will be appropriate for age, sex and general risk group, as customarily recommended by the Academy of Preventive Medicine.

E. Contagious Diseases

1. All contagious diseases will be reported immediately to the City of St. Louis Health Department by the health care provider whenever and wherever diagnosed. The contagious and infected person (s) will be treated and controlled through appropriate programs in close working coordination with the St. Louis Department of Health. The first priority for these diseases is to treat the host and prevent the transmission to other persons. Infected inmates may be isolated and/or transferred if necessary, to prevent transmission.
2. Guidelines for the institutional control of disease as published by the Centers for

POLICY & PROCEDURES

Disease Control of the U. S. Public Health Service will be followed unless to do so would compromise the appropriate security requirements for the inmate(s) affected.

3. Periodic tests, health screenings and physical examinations will be done as recommended by health care personnel until the condition is judged to be arrested, cured and/or non-communicable. Medical segregation may be called for until such time as the contagion is certified to be in control and the host inmate is no longer contagious.

F. Detoxification

1. Detoxification and withdrawal programs will be under the guidance of qualified health care personnel within the facility. If qualified, experienced health care staff is not available; treatment outside the facility may be prescribed.
2. A physician, mental health staff member or a substance abuse counselor will make the assessment of chemical dependency. Identified inmates are referred to the facility substance abuse program (AA/NA). Inmates who request counseling and other assistance with chemical dependency are referred to the mental health staff or the substance abuse program.
3. Methadone will not be approved for treatment within the facility.
4. Each inmate involved in a detoxification program will have a written health care plan outlining the health care regimen which will be subject to the periodic review of the appropriate health care specialists.
5. Referral to an appropriate community agency, such as AA or NA, will be made upon the inmate's release. Mental health staff and substance abuse counselors will maintain a listing of appropriate community resources for treatment of chemical dependency.

G. Vision

Vision preservation and correction may be provided to inmates as routine health care. Acuity examinations are part of the routine physical examination. Vision preservation and correction health care will be provided at the level of essential health care and through the prescription of eye glasses to include safety glasses.

H. Chronic and/or Convalescent Care

Inmates requiring chronic and/or convalescent health care will be accommodated at the mandatory or essential levels of health care.