

POLICY & PROCEDURES

CHAPTER:	5	Inmate Programs	5.6.1
SECTION:	6	Recreation and Activities	EFFECTIVE DATE: 7 / 10 / 2020
SUBJECT:	1	Exercise and Recreation	
STANDARDS: ACA – 4 – ALDF: 2A-64, 2A-66, 5A-01, 5C-01, 02, 03, 04			
APPROVED:			REVIEW DATE: 7 / 10 / 20
Dale Glass COMMISSIONER OF CORRECTIONS			REVISION DATE: 7 / 13 / 20
Rescind: 5.6.1 dated 5/12/10 Cancel:			

I. POLICY

It is the policy of the Division of Corrections to ensure that all facilities provide wide range recreational program that includes leisure-time activities, outdoor exercise and indoor recreation activities appropriate to the needs of the inmates.

II. RESPONSIBILITIES

This policy is applicable to all Division of Corrections staff members and volunteers who are responsible for the supervision of inmate recreation.

III. DEFINITIONS

Active recreation: Activities involving physical exercise and physical exertion that occur within a designated area.

Passive recreation: Leisure activities such as television viewing, table games and reading that occur outside the cell and within the living area.

Special Recreation Program: An event outside of the scope of standard programming for inmate recreation activities.

IV. PROCEDURES

A. General Information

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1. It is the responsibility of each Detention Center Superintendents to establish standard operating procedures to implement the guidelines provided in this policy, for inmates' recreation.
2. It is the responsibility of the Divisional Program Manager and Unit Managers to ensure compliance of this policy.
3. It is the responsibility of all Divisional employees and volunteers charged with the responsibility of supervising inmate exercise and recreation to comply with this policy.
4. There is available space in each facility for exercise and recreation for use by general population inmates. (See Policy # 2.2.2: Inmate Housing and Facility Design).
5. The Division encourages all inmates, including inmates with disabilities, to participate in exercise and recreational activities that enhances physical and mental health, and reduces idleness and stress.
6. Inmates are permitted to decline from participation in exercise and recreation programs, services and activities.
7. Each Detention Center Superintendents will appoint a staff member who will be responsible for developing a recreation schedule for inmates housed in general population and the special management units.
8. Unit Manager will post recreation schedule at areas that allow inmates and Supervisors to view the schedule.
9. Inmates housed in general population and special management units are scheduled recreation separately based on custody level, housing classification and housing assignment (See policy 3.6.1 Classification).
10. To the extent permitted by security considerations, inmates in special management units would be afforded a minimum of one-hour exercise per day outside of their cells, five days per week.
11. Inmates in administrative segregation units will be afforded the opportunity for recreation and exercise.
12. Male and Female inmates are not permitted to interact together and are scheduled recreation separately.

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13. Female inmates are housed separately from male inmates and are provided access to programs, services and activities in accordance with their custody level and housing classification (See policy #3.6.1 Classification).
14. Certified juvenile inmates are not permitted to have physical contact and/or interact with adult inmates. They are housed separately and are scheduled recreation separately. (See policy # 1.1.3: Adult and Juvenile Separation). The exercise requirement for certified male and female certified juvenile inmates is the same as general population.
15. Inmates are directed to participate in active recreation only in areas designated for active recreation activities.
16. Active recreation activities include:
 - a. Basketball,
 - b. Jogging,
 - c. Handball,
 - d. Volleyball,
 - e. Walking, and
 - f. Other activities involving physical exercise and exertion.
17. Inmates may participate in passive recreation activities in their cells, day room or general living area.
18. Passive recreation activities include:
 - a. Television viewing,
 - b. Table games (i.e. board games),
 - c. Reading, and
 - d. Other leisure activities.
19. Each facility may develop special program and activities for inmates.
20. Special recreation programs, services and activities include but not limited to:
 - a. Movie viewing,

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- b. Tournaments,
- c. Talent Shows,
- d. Plays, and
- e. Musicals.

B. General Recreation Program

1. Recreation program for inmates will be coordinated through Program Managers, Unit Managers, Chief of Security, Shift Supervisor and Area supervisors.
2. Routine monthly recreation activities will be planned, scheduled, and made available prior to the beginning of the month.
3. The Detention Center Superintendent/designee of each facility will ensure that, in compliance with the American with Disability Act inmates with disabilities have the use and enjoyment of recreational and leisure opportunities to an equal degree as the general population inmates. (See Policy #3.3.10: Inmates with Disabilities).

C. Special Recreation Program

1. Special recreational program requests will be presented to and approved by the Detention Center Superintendent/designee no later than fifteen (15) days, prior to the date of the event.
2. The Division supports intramural sports for the inmates. The formation of teams for intramural sports will be reviewed by the Chief of Security for gang affiliation and ethnic balance to avoid possible security threats.

D. Leisure Time Activity

1. Recreation and leisure time activities, space, and equipment will be made available to all general population inmates and, where not prohibited, to inmates in Administrative Segregation units.
2. Each facility will structure their recreation programs and activities to provide inmate an opportunity to participate in a variety of leisure time activities. All structured activities will be supervised by appropriate staff member.
3. The Division will support activities that are initiated by inmates. Such activities, when suggested by inmates, will be assessed by the Divisional Program Manager regarding general interest and participation, through an inmate survey; and is approved by the Detention Center Superintendent.

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4. Recreation and/or activities may be canceled or changed to meet facility needs. All cancellations will be documented and the appropriate authority is notified.

5. Contact sports such as boxing, wrestling, judo, etc, are expressly prohibited.

E. Exercise and Recreational Equipment

1. The Division will provide suitable equipment that is in good condition, for exercise and recreational activities.

2. Staff will inspect and evaluate exercise and recreational resources (equipment, programs, outdoor, indoor space, etc.) and will document and report discrepancies using the appropriate form/log (IJMS/Activity Log Book, Incident Report Form, Supply Order Form, etc.), to the Shift Supervisor.

3. Shoes and Socks will be worn at all times by inmates during all out-of cell exercise and recreational activities.

F. Participants Recognition

1. Facilities have the option of providing recognition to inmates for participating in certain activities. Recognition may include the awarding of certificates, ribbons, medals, extra or special meal, etc. Any recognition given to inmates will not exceed \$5.00 in value, per individual; per event.