

**Resolution Number 313**  
**Let's Move Initiative**

**WHEREAS**, First Lady Michelle Obama announced one year ago an ambitious national goal of solving the challenge of childhood obesity within a generation so that children born today will reach adulthood at a healthy weight. In response to this announcement, the campaign known as *Let's Move* has been adopted by cities across the United States; and

**WHEREAS**, her concern over childhood obesity stems from the fact over the past three decades, childhood obesity rates in America have tripled, and today, nearly one in three children in America are overweight or obese. One third of all children born in 2000 or later will suffer from diabetes at some point in their lives; many others will face chronic obesity-related health problems like heart disease, high blood pressure, cancer, and asthma; and

**WHEREAS**, Missouri has been rated the 9<sup>th</sup> worst state for childhood obesity. According to the Missouri Department of Health and Senior Services, 29% of high school students are overweight or obese and 31% of those ages 10 to 17 are overweight; and

**WHEREAS**, St. Louis City, a newly recognized *Let's Move City*, has taken up the challenge to address childhood obesity through the Public Wellness Literacy Event. This event will help to empower students, parents, teachers and the community with the tools, knowledge and confidence to adopt healthier lifestyle choice and seek ways to become physically fit; and

**WHEREAS**, *Let's Move St. Louis* will promote opportunities for physical activity, access to healthy, affordable food and quality affordable health care, utilizing a variety of coeducational prevention and intervention mediums while increase community awareness and development; and

**WHEREAS**, St. Louis Public Schools are an instrumental part of the campaign to end childhood obesity. Ford Elementary C.E.F.S.S., Hamilton eMINTS Academy C.E.F.S.S., and Cote Brilliante Elementary School are active participants in the *Let's Move Initiative* and have pledged to work to end childhood obesity and provide educational opportunities for their students.

***NOW THEREFORE IT BE RESOLVED*** by the Board of Aldermen of the City of St. Louis that we pause in our deliberations to recognize *Let's Move St. Louis* and Ford Elementary C.E.F.S.S., Hamilton eMINTS Academy C.E.F.S.S., and Cote Brilliante Elementary School for their efforts to end childhood obesity and we further direct the Clerk of this Board to include a copy of this Resolution in the minutes of these proceedings and to prepare a memorial copy for presentation at a time and place deemed appropriate by the Sponsor.

Introduced on February 7th, 2011 by:

**Honorable Lewis E. Reed, President of the St. Louis Board of Aldermen**

Honorable Samuel Moore, 4<sup>th</sup> Ward Alderman

Honorable Jeffrey Boyd, 22<sup>nd</sup> Ward Alderman

Honorable Frank Williamson, 26<sup>th</sup> Ward Alderman

Adopted February 10th, 2011 as attested by:

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David W. Sweeney  
Clerk, Board of Aldermen

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Lewis E. Reed  
President, Board of Aldermen